

JAPAN AND CHINA

W. Williams to his brother in this city. Mr. Williams, as interpreter, accompanied Gen. Perry on the Japan expedition, and will be remembered by our citizens as the gentleman who, sometimes since, lectured in this city upon China.

CANTON, Aug. 19, 1854.

I have enjoyed myself much in my trip to Japan just brought to a conclusion. I was well accommodated on board (for food, drink, and amusement), my parents had business for me, I had a good and a good deal for nose and tongue. I have a great respect for the character and attainment of Com. Perry. The trade with Japan will grow as they find out what we have to offer them. They pay for our goods, and we pay for theirs. Thirty millions of people, rich, industrious and civilized, in like to lead some sense into bad speculation: to supply them. The population does not probably exceed twelve or fifteen millions, and the chief articles of export are silk, tea, and melonies, who support a great number of idle lords and rulers. They supply themselves, and have done so for all the while before the Treaty of Kanagawa was signed, with clothes, food, and

We are in the midst of many turmoil and troubles here, showing the passions of men when roused; there are fighting and rumours of wars. The whole south of this province is in utter anarchy, trade is at a standstill, people are afraid to stir out of their homes.

is stopped, people start to stir out of their houses, and all society thrown into confusion, such as you can hardly understand. There are constant fights around the city, and to-day there have been two skirmishes within four miles of town, wherein I am told upwards of 2,000 were slain. If half were actually killed it is a great many. The whole country is in a state of anarchy, and no likelihood of its being suppressed.

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St. Petersburg, as follows:

"On Friday, I made the acquaintance of Count Nesselrode, for thirty years past the Russian Minister of Foreign Affairs, a gentleman who has not a wrinkle in his brow, and who told me he was within two years of my age, and consequently 74. A man of more amiable address I never met with. He proposed

to introduce me to the Emperor, offered me a letter of introduction to the Russian commander of an army of 35,000 men at Revel and inquired if I had military costume with me, that I might to-day accompany the emperor to a review of 40,000 men. He was opposed to this war, and is universally regarded here as a man of great virtue, as well as of great intelligence.

"Of the fall of Sebastopol, melan-

cholly forebodings are entertained by the Russian population here. I came here believing that the conquest of the Crimea would end the war. I am now thoroughly convinced that it will protract it. All that you hear through England about poverty and distress is false. The Emperor's popularity, imputable to his excellent private character and his figure and personal address is unbounded."

To PORK EATERS.—It is said that the Jews, Turks, Arabians, and all those who observe the precept of avoiding blood and swine's flesh, are infinitely more free from disease than Christians more especially do they escape those opprobria to the medical art, goat, scrofula, consumption and, madgers. The Turks eat great quantities of honey and pastry and much sugar: they also eat

largely and are indolent; yet do not suffer from dyspepsia as Christians do. The swinefeed natives of Christendom suffer greater devastation from a painful tubular disease of the bowels (dysentery), than from any other cause. Those persons who obtain from swine's flesh and blood, are infinitely more healthy and from humors, glandular diseases, dyspepsia and consumption; while in those districts and among those classes

of men where the pig makes the chief article of diet, tubercle in all its forms, of eruptions, sore legs, bad eyes and abscesses, most prevail. It is stated as a remarkable coincidence that Krinooon, Edward's Island has a climate exactly similar to Great Britain, yet the inhabitants are not consumptive, neither is the pig there cultivated.

mainly to their delight in out-door exercise, that the elevated classes of England reach a patriarchal age, notwithstanding their habits of high living, or late hours, of wine drinking, and many other health destroying agencies; the deaths of their generals, their lords, their earls and their dukes, are chronicled almost every week at 70, 80, and 90 years: it is because they will be on horseback the most elegant rational

and accomplished of all forms of mere exercise, both for sons and daughters. But the whole credit of longevity to the classes, must be not given to their love of field sports, it must be divided with the not less characteristic traits of an English nobleman, he will take the world easy; and could we as a people persuade ourselves to do the same thing, habitually, it would add ten years to the duration of human life, and we

Δ woman said in the police court the other day, that before marriage her husband pretended to be much struck with her, but now she was every day struck by him.